

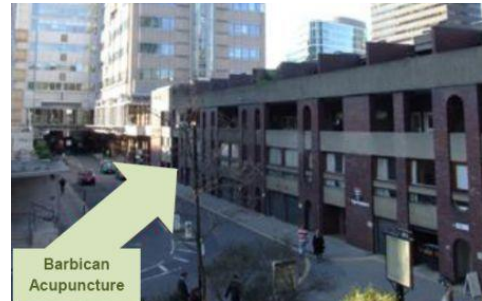


barbican acupuncture

Barbican Acupuncture: how to find us

Barbican Acupuncture is located at:

1 Wallside
Barbican
London
EC2Y 8BH



We are located on the southern edge of the Postern, off Wood Street, next to 125 London Wall and Monkwell Square. Our entrance is on the mezzanine level between Wood Street and the High Walk.

From Wood Street take the stairs up by Monkwell Square. From the High Walk take the stairs down by the southern end of the Postern (opposite 2 Wallside).

Barbican Acupuncture shares an entrance with the Barbican Dental Practice and so look out for window signs and wall plaques for Barbican Acupuncture and/or the Barbican Dental Practice. If you have any trouble finding us then please do not hesitate to phone on 020 7638 4322.

Please see the following two pages for more detailed directions:

By tube, train and DLR

- Barbican tube station is a 5 minute walk to the north-west
- Moorgate tube and train station is a 5 minute walk to the east
- St Paul's tube station is a 7 minute walk to the south-west
- Bank tube and DLR station is a 9 minute walk to the south-east

From Barbican tube station (Circle, Metropolitan and Hammersmith & City lines):

- turn right out of tube station onto Aldersgate Street heading towards the Museum of London
- continue along Aldersgate Street for approximately 100 m and cross the road at the zebra crossing
- at the Museum of London roundabout take the first left under the bridge onto London Wall
- continue along London Wall for approximately 100 m
- turn left into Wood Street under the Pizza Express restaurant that bridges the road
- continue along Wood Street for about 50 m
- the clinic is upstairs on the left in the nearest corner of the Postern
- we share an entrance with the Barbican Dental Practice and so look out for window signs and wall plaques for Barbican Acupuncture and/or the Barbican Dental Practice
- our entrance is on the mezzanine level between Wood Street and the High Walk and so you will need to take the stairs up by Monkwell Square

From Moorgate tube and train station (Northern, Circle, Metropolitan and Hammersmith & City lines; First Capital Connect services on the Hertford, Welwyn Garden City and Letchworth lines):

- from the tube station take exit 1, turn left at the top of the stairs and follow the signs for the Barbican Centre; turn left onto Moorfields as you exit the station
- from the train station take the exit on the right and follow the signs for London Wall & Barbican; turn right onto Moorfields as you exit the station
- take first right immediately after Boot's onto Fore Street Avenue
- bear left along Fore Street Avenue and take the first right (approximately 20 m) onto Fore Street
- continue along Fore Street to the end (100 m)
- this road bends to the left and becomes Wood Street
- the clinic is in the far end the Postern approximately 50 m on your right side
- we share an entrance with the Barbican Dental Practice and so look out for window signs and wall plaques for Barbican Acupuncture and/or the Barbican Dental Practice
- our entrance is on the mezzanine level between Wood Street and the High Walk and so you will need to take the stairs up by Monkwell Square



From St Paul's tube station (Central line):

- take the exit on the left at the top of escalator
- go up the stairs on the left signposted Barbican
- continue straight ahead approximately 100 m and take first right onto Gresham Street
- continue down Gresham Street taking third left signed Wood Street
- continue down Wood Street and take escalators at the end on the left with the yellow pavement writing saying Barbican Centre (just before the main road)
- at the top of the escalators follow the yellow line straight ahead
- continue straight ahead past the reception for J.P. Morgan at 125 London Wall
- continue across the High Walk bridge and take an immediate left into Wallside
- take the stairs down that are immediately on your right (opposite 2 Wallside)
- our entrance is on the mezzanine level between the High Walk and Wood Street
- we share an entrance with the Barbican Dental Practice and so look out for window signs and wall plaques for Barbican Acupuncture and/or the Barbican Dental Practice

From Bank tube and DLR station (Central, Northern and Waterloo & City lines; DLR):

- take exit 1 out of the tube station going up the right-hand staircase signed Barbican Centre
- continue straight ahead up Princes Street for approximately 75 m
- at the cross roads continue straight ahead onto Moorgate (approximately 150 m)
- at the cross roads turn left into London Wall (approximately 150 m)
- take the second right into Wood Street under the Pizza Express restaurant that bridges the road
- continue along Wood Street for about 50 m
- the clinic is upstairs on the left in the nearest corner of the Postern
- we share an entrance with the Barbican Dental Practice and so look out for window signs and wall plaques for Barbican Acupuncture and/or the Barbican Dental Practice
- our entrance is on the mezzanine level between Wood Street and the High Walk and so you will need to take the stairs up by Monkwell Square

By car

We are within the C-charge zone and parking is limited, however, the following NCP sites are available:

- Barbican Centre 22 NCP is a 2 minute walk to the north
- Barbican Centre 33 NCP is a 2 minute walk to the north
- Barbican Centre 4/55 NCP is a 2 minute walk to the north
- Smithfield Central Market NCP is a 6 minute walk to the west
- Finsbury Square NCP is an 8 minute walk to the north-east

Please visit our website at http://www.barbicanacupuncture.com/?page_id=19 for links to detailed maps, street views and journey planners.

These details come via our friends at Bodymotion and Barbican Dental Practice.

Last updated: 26 March 2009

